

RESILIENT WOMAN

Unlocked

THE WEEKEND • 2026

40 DAY PRAYER PLAN

SEPTEMBER 5 — OCTOBER 14, 2026

A SEASON OF PREPARATION

Forty Days

As we prepare our hearts for Resilient Woman Unlocked, we invite you to walk through forty days of prayer alongside us. Each day carries a focus and a promise from His word — for every woman attending, for our team, and for all the Lord will do this weekend.

DAY 01 SEP 5

Pray for an UNLOCKING of God's presence and purpose over every woman, that every woman will look ahead to what the Lord has for them.

ISAIAH 43:18-19 *"Do not remember the former things, Nor consider the things of old. Behold, I will do a new thing, now it shall spring forth; Shall you not know it?"*

EPHESIANS 2:10 *For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.*

DAY 02 SEP 6

Pray for the venue space Bryn Mawr that the Lord goes before and prepares the way.

ISAIAH 45:2 *"I will go before you and make the crooked paths straight"*

EXODUS 25:8 *"And let them make Me a sanctuary, that I may dwell among them."*

REVELATION 21:3 *"And I heard a loud voice from the throne saying, "Look! God's dwelling place is now among the people, and He will dwell with them. They will be His people, and God Himself will be with them and be their God."*

DAY 03 SEP 7

Pray for provision for every woman attending, that they would have the funds and make time to get away.

PHILIPPIANS 4:19 *"And my God will supply every need of yours according to His riches in glory in Christ Jesus."*

ACTS 17:27 AMP *"This was so that they would seek God if perhaps they might grasp for Him and find Him, though He is not far from each one of us."*

MARK 1:35 *"Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed."*

DAY 04 SEP 8

Pray that every woman walks in peace and not worry over coming to the weekend. Pray their families are cared for while they are away.

ISAIAH 41:10 *"Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand."*

ISAIAH 26:3-4 *"You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You. Trust in the Lord forever for in YAH, the Lord is everlasting strength."*

DAY 05 SEP 9

Pray for a sound mind and peace over every woman. Come against a spirit of fear and anxiety.

PHILIPPIANS 4:6-7 *"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus."*

2 TIMOTHY 1:7 *"For God has not given us a spirit of fear, but of power an of love and of a sound mind."*

DAY 06 SEP 10

Pray for our country and our government and for God's mercy on this land.

1 TIMOTHY 2:1-2 *"I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people-for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness."*

PROVERBS 29:2 *"When the righteous increase, the people rejoice, but when the wicked rule, the people groan."*

2 CHRONICLES 7:14 *"if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."*

DAY 07 SEP 11

Pray for those dealing with grief and loss.

JOHN 14:27 *"Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let the be afraid."*

PSALM 34:18 *"The LORD is close to the brokenhearted and saves those who are crushed in spirit."*

DAY 08 SEP 12

Pray for healing in every heart from hurt, offense, bitterness, resentment and unforgiveness.

EPHESIANS 4:31-32 *"Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you."*

PSALM 147:3 *"He heals the brokenhearted and binds up their wounds."*

DAY 09 SEP 13

Pray for complete healing in every woman-mind, body, soul and spirit.

PSALM 103:2-5 *"Bless the Lord, O my soul, and forget not all his benefits who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy, who satisfies you with good so that you're your is renewed like eagles."*

JEREMIAH 17:14 *"Heal me, O Lord, and I shall be healed; save me, and I shall be saved, For You are my praise."*

DAY 10 SEP 14

Pray that every woman walks in freedom in the Name of Jesus!

GALATIANS 5:1 *"For freedom Christ has set us free, stand firm therefore, and do not submit again to a yoke of slavery."*

JOHN 8:32 *"Then you will know the truth, and the truth will set you free."*

DAY 11 SEP 15

Pray against distractions and weariness in every woman.

2 CORINTHIANS 4:18 *"So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal."*

MATTHEW 11:28 *"Come to me, all you who are weary and burdened, and I will give you rest."*

DAY 12 SEP 16

Pray against a spirit of despair and depression. That suicidal thoughts would be silenced and replaced with life giving truth and hope from God's word.

PSALM 34:17-18 *"The righteous cry out, and the Lord hears them; he delivers them from all their troubles. The Lord is close to the brokenhearted and saves those who are crushed in spirit."*

JEREMIAH 29:11 *"For I know the plans and thoughts that I have for you," says the Lord, "plans for peace and well-being and not for disaster, to give you a future and a hope."*

DAY 13 SEP 17

Pray for renewed minds. That old thinking, old mindsets and attitudes would be transformed into mindsets and attitudes that glorify God.

PHILIPPIANS 4:8 *“Finally, believers, whatever is true, whatever is honorable and worthy of respect, whatever is right and confirmed by God’s word, whatever is pure and wholesome, whatever is lovely and brings peace, whatever is admirable and of good repute; if there is any excellence, if there is anything worthy of praise, think continually on these things [center your mind on them, and implant them in your heart].”*

2 CORINTHIANS 10:5 *“We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ.”*

DAY 14 SEP 18

Pray for restoration and reconciliation of broken relationships.

EPHESIAN 4:32 *“Make allowance for each other’s faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.”*

1 PETER 4:8 *“Above all, have fervent and unfailing love for one another, because love covers a multitude of sins [it overlooks unkindness and unselfishly seeks the best for others].”*

DAY 15 SEP 19

Pray for marriages, that they will grow in love, understanding, forgiveness and joy.

ECCLESIASTES 4:12 *“A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.”*

MARK 10:9 *“Therefore what God has joined together, let not man separate.”*

DAY 16 SEP 20

Pray for all the single women, waiting for husbands. Pray they remain steadfast and unwavering in purity and hope.

2 CORINTHIANS 6:14 *“Do not be unequally yoked with unbelievers. For what partnership has righteousness with lawlessness? Or what fellowship has light with darkness?”*

ROMANS 8:25 *“But if we hope for what we do not see, we wait for it with patience.”*

DAY 17 SEP 21

Pray for single mothers, for strength, perseverance, provision and joy.

PROVERBS 31:25 *"She is clothed with strength and dignity, and she laughs without fear of the future."*

JAMES 5:11 *"As you know, we count as blessed those who have persevered. You have heard of Job's perseverance and have seen what the Lord finally brought about. The Lord is full of compassion and mercy."*

DAY 18 SEP 22

Pray for all moms

PROVERBS 22:6 *"Train up a child in the way he should go, And when he is old he will not depart from it."*

PSALM 32:8 *"I will instruct you and teach you in the way you should go; I will counsel you [who are willing to learn] with My eye upon you."*

DAY 19 SEP 23

Pray that all women know their identity is firmly rooted in Christ.

GALATIANS 2:20 *"I have been crucified with Christ [that is, in Him I have shared His crucifixion]; it is no longer I who live, but Christ lives in me. The life I now live in the body I live by faith [by adhering to, relying on, and completely trusting] in the Son of God, who loved me and gave Himself up for me."*

DAY 20 SEP 24

Pray against gender confusion, pray the Lord brings hope and truth to their hearts and minds.

GENESIS 1:27 *"So God created human beings in his own image. In the image of God, he created them; male and female he created them."*

MARK 10:6 *"But from the beginning of creation God made them male and female."*

DAY 21 SEP 25

Pray for salvation for every woman and loved one.

1 TIMOTHY 2:3-4 *"This is good, and it is pleasing in the sight of God our Savior, who desires all people to be saved and to come to the knowledge of the truth."*

EZEKIEL 36:26-27 *"And I will give you a new heart, and I will put a new spirit in you. I will take out your stony, stubborn heart and give you a tender, responsive heart. And I will put my Spirit in you so that you will follow my decrees and be careful to obey my regulations."*

DAY 22 SEP 26

Pray for the younger generation that they would walk in His purposes according to His plans.

1 CORINTHIANS 15:58 *“Therefore, my dear brothers and sisters, be steadfast, immovable, always excelling in the Lord’s work, because you know that your labor in the Lord is not in vain.”*

PROVERBS 16:3 *“Commit your actions to the Lord, and your plans will succeed.”*

DAY 23 SEP 27

Pray for the persecution of Christians in all nations.

ROMANS 8:35 *“Can anything ever separate us from Christ’s love? Does it mean he no longer loves us if we have trouble or calamity, or are persecuted, or hungry, or destitute, or in danger, or threatened with death?”*

JAMES 1:4 *“Let perseverance finish its work so that you may be mature and complete, not lacking anything.”*

DAY 24 SEP 28

Pray that women everywhere will be bold for Christ and for an unlocking of authority in Christ.

EPHESIANS 4:15 *“Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.”*

LUKE 10:19 *“Listen carefully: I have given you authority [that you now possess] to tread on serpents and scorpions, and [the ability to exercise authority] over all the power of the enemy (Satan); and nothing will [in any way] harm you.”*

DAY 25 SEP 29

Pray for all Serve Teams that they will be filled with peace and joy.

1 PETER 4:10 *“Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.”*

ROMANS 15:13 *“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”*

DAY 26 SEP 30

Pray for the Worship Team that they usher in His Presence with excellence, a fresh wind and fresh fire.

JOHN 4:23-24 “But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him. God is Spirit, and those who worship Him must worship in spirit and truth.”

PSALMS 34:1 “I will bless the Lord at all times; His praise shall continually be in my mouth.”

HEBREWS 12:28 “Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe,

DAY 27 OCT 1

Pray for those speaking, for fresh revelation and anointing.

2 TIMOTHY 4:2 “Preach the word; be prepared in season and out of season; correct, rebuke and encourage—with great patience and careful instruction.”

DAY 28 OCT 2

Pray for protection over the weekend, every woman, every speaker, every servant.

ISAIAH 54:17 “No weapon that is formed against you will succeed; And every tongue that rises against you in judgment you will condemn. This [peace, righteousness, security, and triumph over opposition] is the heritage of the servants of the Lord, And this is their vindication from Me,” says the Lord.

PSALMS 91:1-2 “He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. I will say of the Lord, “He is my refuge and my fortress; My God, in Him I will trust.”

DAY 29 OCT 3

Pray for hearts to be open to all the Lord wants to do.

EZEKIEL 36:26 “I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh.”

EZEKIEL 11:19 “I will give them an undivided heart and put a new spirit in them; I will remove from them their heart of stone and give them a heart of flesh.”

DAY 30 OCT 4

Pray for the church staff for wisdom, strength, strategy and rest.

PROVERBS 16:3 *“Commit to the Lord whatever you do, and he will establish your plans.”*

JAMES 3:17 *“But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.”*

DAY 31 OCT 5

Pray that women will be baptized in the Holy Spirit.

ACTS 1:8 *“But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”*

ACTS 2:4 *“All of them were filled with the Holy Spirit and began to speak in other tongue as the Spirit enabled them.”*

DAY 32 OCT 6

Pray that every woman will experience signs, miracles and wonders!

ACTS 4:30 *“Stretch out your hand to heal and perform signs and wonders through the name of your holy servant Jesus.”*

HEBREWS 2:4 *“God also testified to it by signs, wonders and various miracles, and by gifts of the Holy Spirit distributed according to his will.”*

DAY 33 OCT 7

Pray for a strong sense of God’s presence to be present.

PSALM 105:4 *“Seek the Lord and his strength; seek his presence continually!”*

EPHESIANS 3:12 *“in whom we have boldness and confident access through faith in Him [that is, our faith gives us sufficient courage to freely and openly approach God through Christ].”*

DAY 34 OCT 8

Pray every woman rests in Him and trusts in Him.

HEBREWS 4:10 *“For the one who has once entered His rest has also rested from [the weariness and pain of] his [human] labors, just as God rested from [those labors uniquely] His own”*

PROVERBS 3:5-6 *“Trust in the Lord with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths.”*

DAY 35 OCT 9

Pray for increase of thankfulness in every woman's heart.

PSALM 136:26 *"Give thanks to the God of heaven, For His lovingkindness (graciousness, mercy, compassion) endures forever."*

1 THESSALONIANS 5:18 *"in every situation [no matter what the circumstances] be thankful and continually give thanks to God; for this is the will of God for you in Christ Jesus."*

DAY 36 OCT 10

Pray for good weather over the weekend.

JAMES 15:17-18 *"Elijah was a man with a nature like ours [with the same physical, mental, and spiritual limitations and shortcomings], and he prayed intensely for it not to rain, and it did not rain on the earth for three years and six months. Then he prayed again, and the sky gave rain and the land produced its crops [as usual]."*

PSALM 138:8 *"The Lord will fulfill his purpose for me. Lord, your faithful love endures forever; do not abandon the work of your hands."*

DAY 37 OCT 11

Pray for unity in families, serve teams, and church.

PSALM 133:1 *"How good and pleasant it is when God's people live together in unity!"*

ROMANS 12:16 *"Live in harmony with one another. Do not be proud, but be willing to associate with people of low position. Do not be conceited."*

DAY 38 OCT 12

Pray for every woman to remain steadfast with endurance to remain in HIM

COLOSSIANS 1:11 *"being strengthened with all power according to his glorious might so that you may have great endurance and patience,"*

ROMANS 12:16 *"Live in harmony with one another. Do not be proud, but be willing to associate with people of low position. Do not be conceited."*

DAY 39 OCT 13

Pray that the Lord's will be done throughout the weekend.

MATTHEW 6:9-16 *'Our Father, who is in heaven, Hallowed be Your name. Your kingdom come, Your will be done On earth as it is in heaven. 'Give us this day our daily bread. 'And forgive us our debts, as we have forgiven our debtors [letting go of both the wrong and the resentment]. 'And do not lead us into temptation, but deliver us from evil. [For Yours is the kingdom and the power and the glory forever. Amen.]'*

DAY 40 OCT 14

Pray for an increase of faith and perseverance and an UNLOCKING of God's presence, purpose and power.

HEBREWS 11:1 *"Faith shows the reality of what we hope for; it is the evidence of things we cannot see."*

PSALMS 16:11 *"You will show me the path of life; In Your presence is fullness of joy; At Your right hand are pleasures forevermore."*

EPHESIANS 1:18 *"I pray that your hearts will be flooded with light so that you can understand the confident hope he has given to those he called—his holy people who are his rich and glorious inheritance."*

EPHESIANS 3:16 *"May He grant you out of the riches of His glory, to be strengthened and spiritually energized with power through His Spirit in your inner self, [indwelling your innermost being and personality], "*